



CONGREGATION AGUDATH ACHIM
FREEHOLD JEWISH CENTER

COVID-19 NEWSLETTER

Coronavirus - May 2020

Morning Minyan Zoom Service:

Please join us for our 8:30 am Morning Minyan Zoom Service. We use the same link each time, but the days of the week might change. Please watch your email so that you know which day of the week we are having morning service. Click below on the link to join the service or go to <http://zoom.us> and enter the Meeting ID and Password to join us.

<https://us02web.zoom.us/j/9303697101?pwd=enlkREI2eDVQMVdxSEIIRGJRaV9DZz09>

Meeting ID: 930 369 7101 - Password: 753491

If you do not have video or audio on your computer, you can always call in by phone. Please use the phone number below and follow the prompts. (646) 876 9923. Codes: Meeting ID: 930 369 7101# - Password: 753491#

Friday Evening Zoom Service:

Friday Evening Zoom Service is held at 7:30 pm. Click on the following link to join the Zoom Service:

<https://us02web.zoom.us/j/654195598?pwd=C3xCPCIZ8TU>

If you need to use your phone for audio instead of your computer, dial in this number and use the code provided when prompted.
(929) 205-6099. Code 654195598#

Hebrew School:

Teachers, Children and Parents have been working very hard each week via Zoom to continue the student's Hebrew education. Thank you for all your hard work through these trying times. Hebrew School will continue until Thursday, June 25th. If you have any questions, please contact Mr. or Mrs. Ross at sherylross21@gmail.com or nlrphoto@verizon.net.

PRESIDENT'S MESSAGE

Dear Members:

I hope you are all well and healthy because that is the most important thing in these most uncertain times. I have nothing magical to say that you have not already heard from many other sources. Instead, I choose to give you a few words that I have found comforting and helpful in getting through the Corona plague. I hope you will as well. Here they are in no particular order of importance:

Prayer, Health, Love, Family, Friends, Laughter, Empathy, Netflix, Exercise, Nutrition, Reading, Education.

Hope to see you all in synagogue as soon as it is possible and safe to do so.

STAY POSITIVE,
TEST NEGATIVE!

Steven Weisman, President

THOUGHT FROM RABBI LANGER

We learn from our Sages to repeat one hundred blessings every day. They derive this from the Torah (Deuteronomy 10:12): "Now 'O Israel, what does HaShem your G-d, ask of you?..." The Hebrew word for what is "mah". When one letter is added, it becomes me'ah, which means 100. You may ponder that 100 blessings every day is difficult. It isn't! There are blessings for all kinds of things, and when you make your blessings you come closer to G-d. The blessings we make are more for us than we will every know. "May G-d bless us with good health following this Corona plaque!"

Contact Your Family, Friends, Neighbors and Synagogue Family

The most important thing we can be doing now is checking up on people who are at risk. Phone them and chat, help break the monotony, or ask them what they need. If you would like to make calls to members of the shul please email fjcdirector@freeholdjc.org or call the Synagogue Office to be assigned one or two people. Just knowing someone is there to talk to is comfort enough in this trying situation.



HAVE SOMETHING YOU WANT TO SHARE?

Send your information or topic to FJCdrector@freeholdjc.org. We would love to hear from the members of the congregation. Share your stories or funnies.

What are the best quarantine jokes?

Inside Jokes

PLEASE CHECK OUT OUR WEBSITE, FACEBOOK PAGE AND YOUTUBE CHANNEL.

WEBSITE LINK:
<https://www.freeholdjc.org/>

FACEBOOK PAGE LINK:
<https://www.facebook.com/FreeholdJewishCenter/>

YOUTUBE LINK:
<https://www.youtube.com/channel/UC7luHHALqvQ7UOCXxJa9fgQ>

BRICKS, PLAQUES AND DONATIONS

Wish to honor a loved one? Want to remember a special event? Donate a brick in our Centennial Walk, only \$180. Put their name and date on a Tree of Life Plaque, only \$218. Memorialize them with a Promise Plaque, only \$136. Contact the Synagogue Office for a list of different ways to honor all those we love.

How About a Couch Trip? Places to visit without leaving your home. (Part 1)

In the recent AAA Magazine there was an interesting article about virtual tours. I thought the links might be of interest to those of you who have had enough of television or just like to look at interesting places. Through the wonder of the internet you can go place and see things you never thought you would see. Click on the links to be redirected to those places you are interested in seeing. I hope you enjoy.

Bronx Zoo Tour

https://bronxzoo.com/virtual-zoo?gclid=EAIAIQobChMI-rm25Nuh6QIVzZyzCh2oag-qEAAVASAAgIZOfD_BwE

Longwood Gardens

https://longwoodgardens.org/our-gardens-your-home?gclid=EAIAIQobChMI1tOzrtvh6QIVBKSzCh3vEgKgEAAVASAAgI9v_D_BwE&gclsrc=aw.ds

American Museum of Natural History

https://www.amnh.org/explore?sourceNumber=15809&gclid=EAIAIQobChMI2tzjsN2h6QIVQZyzCh3yAA12EAAVASAAgLeOfD_BwE&gclsrc=aw.ds

Guggenheim Museum

https://www.guggenheim.org/plan-your-visit/guggenheim-from-home?gclid=EAIAIQobChMI96ng192h6QIVgpOzCh3fwQwiEAAVASAAgJLCPD_BwE&gclsrc=aw.ds

10 Museums and Galleries You Can Explore

<https://artsandculture.google.com/story/10-top-museums-you-can-explore-right-here-right-now/igKSKBBnEBSGKg>

National Gallery of Art

<https://Nga.gov>

Israel Museum, Jerusalem

<https://tours.imj.org.il/en/self-guided-tours/>

The Jewish Museum in NYC - Check out the calendar for a variety of talks, tours, classes, etc. Some programs require you to register.

<https://thejewishmuseum.org/calendar>

Tour the Grand Canyon - this is a great site for someone to learn about the canyon. Great for kids.

<https://vft.asu.edu/iVFTLocations/GrandCanyon/GOptions.html>

Places to visit without leaving your home. (Part 2)

The second part of the article was about taking a trip via movies. Some of the movies might be a trip down memory lane and an adventure for others. Whether you watch them or not...Enjoy!

If you like road songs as well as Bing Crosby and Bob Hope try and see if you can find these movies:

Road to Bali; Road to Hong Kong; Road to Singapore; Road to Zanzibar; Road to Rio; Road to Morocco and finally *Road to Utopia*.

Do you like classic surfing movies? Give these a shot:

Endless Summer; Surfing Giants; Step Into Liquid (surfing from Ireland to Texas) and *Surf's Up* (penguins for the kids).

Want scenery?

Lord of the Rings trilogies (New Zealand); *A River Runs Through It* (Rockies); *Barry Lyndon* (Ireland and England) and how about *Lawrence of Arabia*.

Space travel?

Serenity and of course the most famous *Star Wars* and *Star Trek*.

How about some fast moving San Francisco scenery and famous cars?

Try Steve McQueen's *Bullit*.

Last, but not least, *Local Hero*. This movie will want you to board a plane to Scotland the moment we are done with this epidemic.

I hope that the list of virtual tours and movies will help to stave off the cabin fever of 2020. I look forward to having activity back in the synagogue when it is safe to do so for all. If I can be of help for anything, please feel free to contact the Synagogue Office and just let us know.

Stay safe and healthy.

Christine Mahler
Executive Director